



RADICAL REMISSION™

Remission Research: 9 Key Factors for Health

Learn how to apply the nine healing factors from the New York Times bestselling book
“Radical Remission” by Dr. Kelly A. Turner

In this 5-week webinar led by Karla Mans Giroux, Certified Radical Remission Instructor, you will **learn how lifestyle choices such as diet change, stress reduction, and meditation can boost your immune system in scientifically proven ways.** These healing factors can be used safely in conjunction with conventional medicine to help reduce side effects of cancer treatment and improve immune function. **You will leave with 1-, 6-, & 12-month action plans you can implement right away.** Through lecture and exercises you will learn how to:

1. Feel more empowered with your health
2. Strengthen your immune system by changing your diet
3. Identify your strongest reasons for living
4. Access and strengthen your intuition
5. Release suppressed emotions from the past
6. Increase positive emotions
7. Research supplements to discuss with your doctor/practitioner
8. Accept love and support from others
9. Develop a daily spiritual practice
10. Add or increase the movement & exercise you do

Upon registration you will be invited to participate in the **pilot study being conducted by the Harvard T.H. Chan School of Public Health** to analyze the benefits of the workshop.

Thursday's, April 2 – May 7, 6:30-8:00PM CDT/5:30-7:00PM EDT

(no class held on April 23rd)

Cost: \$199.00 per person

Zoom link will be sent upon registration - **Register via [Eventbrite](#)**

Contact Karla: 847-306-9599 | karla@KMGCoach.com | www.KMGCoach.com



Karla Mans Giroux is a long-time user of natural, holistic healing, a cancer thriver and certified Radical Remission workshop facilitator and coach. When faced with a metastatic cancer challenge in 2014, she utilized non-toxic interventions to supplement conventional treatment. She has successfully harnessed the power of her body, heart and spirit for healing, achieving and maintaining great results (4 years of remission).